



Guy C. Parlett

American Legion Post 7

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July - August 2018

Newsletter

OLDEST AND BEST

99 YEARS OF SERVICE TO OUR COUNTRY, STATE AND COMMUNITY

COMMANDER'S CORNER

Post Officers

Commander: Jason O'Neil

1st Vice Cmdr: Will Wagner

2nd Vice Cmdr: Andy Raddie

3rd Vice Cmdr: Paul Bartone

Adjutant: Ben Miles

Service Officer: Jim Rooney

Finance Officer: Larry Morrison

Historian: Sue Flanagan

Judge Advocate: Pat Guibao

Chaplain: Tom McAndrews

Sergeant-at-Arms.: Mike Blackwell

Exec Comte 3rd yr: Frank Gay

Exec Comte 2nd yr: Dan Adams

Exec Comte 1st yr: Vacant

BASEBALL - Our Admiral's baseball schedule is posted on our Website. They play at the Annapolis High School field behind the school building. If they can win enough games, they could participate in the state tournament at Salisbury University during the first week in August.

ENTERTAINMENT - The following entertainment has been booked for July and August:

7/7 - Ed Davino, the popular DJ who usually plays at our Crab Feasts

7/21 - High Heat, a rock/jazz group featuring Ron Coleman, a blind virtuoso.

8/11 - The All-American Band, a very popular regional attraction
Watch for other entertainment announcements in our lounge.

ORATORY CONTEST - We're already planning for the 2019 contest which will include controversial Amendments to the Constitution including 1, 4, 13 and 21 about Prohibition. Details will be provided at our Website.

ELECTIONS - Congratulations to our Judge Advocate, Pat Guibao, who is the new Commander for the Southern Maryland District (SMD) and Ben Miles, our Adjutant and former Commander, who will continue his fine

work at the Department's Executive Committee (DEC). Great work fellas!!

AA MOBILE BLOOD DRIVE. Watch the Website, Facebook and Posters at Post 7 announcing the date and times for the Hospital's state-of-the-art RV to be in our parking lot. Please help us and give the precious gift of life.

CENTENNIAL PREPARATIONS - Post 7, a Founder's Post, will celebrate the Centennial Anniversary on March 19, 2019. In preparation, we're painting, cleaning and paving the parking lot among other projects to welcome our second century of service to veterans and their families.

HAVE A HAPPY AND SAFE SUMMER.

For God and Country

**Jason O'Neil
Commander**

**Charlotte Hall
Mission Accomplished
We are Post 7 and “this is what we do”.**



**Back Row: Tom McAdandrews, Shirley Hebb, Jason O’Neil, Nancy McDonough, John Church
Front Row: Gene Calmon, Barbara Rollman Andy Raddie, Mike Gnip, Mike Blackwell, Jan Attwood, Jeannine Merrill
(Resident)**



Special thanks to all our Post membership for the effort put forth for our Vets at Charlotte Hall. It was a great day and the Post’s effort was greatly appreciated. Thank you.....Jason O’Neil.

Flag Day at Post 7

The MD1789 American Heritage Girls and Boy Scout troop 768 joined members of the Legion for a ceremony at Post 7 to honor and respectfully and properly dispose of worn American Flags. Thanks for all your great help!





American Legion Auxiliary Unit 7

President's Corner

President: Kim Holmes

1st Vice Cmdr: Beth Pena

2nd Vice Cmdr: Eileen Gay

Secretary: Jocelyn Bartone

Treasurer: Betty Barilla

Historian: Jocelyn Bartone

Chaplain: Nancy McDonough

Sergeant-at-Arms: Barbara Rollmans

Executive Committee:

Nancy McDonough

Kim Holmes

Shirley Hebb

Beverly Mah

It is with great respect and sadness we at the Unit 7 Auxiliary must say goodbye to our Past President, Mary Eileen Holmes, who passed away on June 6, 2018. She did so much for so many. Let us aim to do the same.

The Auxiliary was thrilled to be a part of the Legion Family trip to Charlotte Hall. It was an honor and a pleasure to spend time 'playing' Bingo, listening to stories and sharing memories with a number of the veterans who reside there. With your help, we were able to give the gifts we brought to each and every Bingo player thanks to all the wonderful donations.

While activities often slow down during the summer months, we are hoping to be able to supply many more hand-made cards to the dedicated folks at Operation Welcome Home Maryland who are always waiting at the BWI airport to welcome our returning troops and their families back to the U.S. with a small gift bag, a welcome home card and a rousing cheer. If you have a church, scout, or civic group who can take a few hours to make those much needed cards, we will be happy to work with you and make sure the delivery is made.

During July, we will be attending the Department of Maryland American Legion Auxiliary Convention in Ocean City, Maryland. It is a time of transition for our new officers to be installed in their new positions. For us that will be: President, Kim Holmes; 1st Vice President, Beth Pena; 2nd Vice President, Eileen Gay; Treasurer, Betty Barilla; Chaplain, Nancy McDonough; Sgt-at-Arms, Barbara Rollman; Secretary and Historian, Jocelyn Bartone. Come join us and get involved as we strive to serve our veterans and communities.

As we move further along into July and August, among other tasks and projects, we will begin making plans for our second year helping support the Travis Manion Foundation and their 9-11 Heroes Run in Annapolis. Last year the Auxiliary women worked with the TMF team to fill over a thousand swag bags for the participants. All hands are welcome. Keep an eye on the Post 7 Facebook page at <https://www.facebook.com/AmericanLegionPost7AnnapolisMaryland> for updates on this and all the happenings.

And finally, we wish to offer our thanks to the men of the Squadron 7 Sons of the Legion who treated Legion moms to a delicious Mother's Day breakfast.

Kimberly Holmes, President

ANNUAL CRAB FEAST SEPTEMBER 22, 2018

1:00 TILL 5:00 PM



\$40.00 UNTIL Sept 3rd

\$45.00 AFTER Sept 3rd

**ONLY 300 TICKETS WILL BE
SOLD!!!!**

**HOT STEAMED CRABS AND CORN
ON THE COB**

Served from 2:00 TILL 5:00 pm

**HOT DOGS, HAMBURGERS,
POTATO SALAD, COLE SLAW
BAKED BEANS, CRAB SOUP,
DRAFT BEER, BOXED WINE,
SODAS AND BOTTLED WATER**

MUSIC BY ED DAVINO

3 - 6 PM

TICKETS AT THE BAR

TICKETS GO ON SALE JULY 23RD



Email Addresses

First thanks to all Post members who signed up for receiving the newsletter via email. We're coming up on our fourth issue and to date we haven't incurred any issues (shouldn't have wrote that?!). For those who may have thought about providing your address and changed your position, we would like to let you know that when we send out our Post newsletter your personal address isn't displayed. We use the BCC or Blind Courtesy Copy section of the address line and that helps protect your identity!!!

We would also like to mention that the email version contains additional news and information pertaining to veteran's issues, stories and job postings that may be beneficial to all. We are also attempting to broaden our coverage for the combined Legion family.

So if you would, please re-consider using email, you'll be saving the Post money that we can use elsewhere. If you find that this doesn't work for you, you can always cancel at no charge. What a deal!!

To get the ball rolling, all we need is an email from you with your Name, Address and Legion affiliation (Legion, Auxiliary or SAL) and we'll gladly get this started for you.



***Mark YOUR CALENDAR
July - August UPCOMING EVENTS***

**Wednesday, July 4th Family Day Picnic 1 -4 PM
(Hot dogs, hamburgers, salads etc. will be provided by the Post)**

Saturday, Jul 7th Ed Davino in the Lounge

Saturday, July 21st High Heat with Ron Coleman will perform in the Lounge

Saturday, August 11th - The All American Band

Music for the above dates will be from 7 – 10 PM and the kitchen will be open till 9 PM to handle your needs!!!!

Saturday, September 22nd Annual Crab Feast 1 – 5 PM

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To all Post members

All Members should have their membership card on their person at all times when you're at the Post.

Anyone ringing the bell to gain admittance to the Post must show their membership card to the bartender or sign in as a guest.

Please remember to have your guests sign in and that the guest must leave when you leave. We must do this to comply with AA County Liquor regulations!

The area behind the bar and the kitchen are off limits to all personnel except employees, officers performing their duties, volunteers helping the staff or committee members servicing the function.

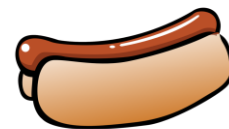
◀ Jun 2018		July 2018					Aug 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Bingo 1-4 PM Open Menu	2 Sliders Open Menu SAL Mtg 7:30 PM	3 Pizza Open Menu Legion Mtg 7:30 PM	4 Family Day Picnic 1-4 PM	5 Bingo 7 – 10 PM Open Menu	6 Fried Chicken Liver & Onions Buffett Open Menu	7 Open Menu Ed Davino!!!	
8 Bingo 1-4 PM Open Menu	9 Sliders Open Menu	10 Pizza Open Menu	11 Wings Open Menu	12 Bingo 7 – 10 PM Open Menu	13 Shrimp Night Open Menu	14 Open Menu	
15 Bingo 1-4 PM Open Menu	16 Sliders Open Menu	17 Pizza Open Menu Auxiliary Mtg 7 PM	18 Wings Open Menu	19 Bingo 7 – 10 PM Open Menu	20 Chicken Parmesan Open Menu	21 Open Menu High Heat!!!	
22 Bingo 1-4 PM Open Menu	23 Sliders Open Menu	24 Pizza Open Menu	25 Wings Open Menu	26 Bingo 7 – 10 PM Open Menu	27 Fried chicken Liver & Onions Buffett Open Menu	28 Open Menu	
29 Bingo 1-4 PM Open Menu	30 Sliders Open Menu	31 Pizza Open Menu	Live Music July 7th Ed Davino July 21st High Heat				



4th of July Family Day Picnic!!!!

◀ Jul 2018		August 2018					Sep 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Wings Open Menu	2 Bingo 7 – 10 PM Open Menu	3 TACOS Beef & Chicken Open Menu	4 Open Menu	
5 Bingo 1-4 PM Open Menu	6 Sliders Open Menu SAL Mtg 7:30 PM	7 Pizza Open Menu Legion Mtg 7:30 PM	8 Wings Open Menu	9 Bingo 7 – 10 PM Open Menu	10 Crab Cakes Open Menu	11 Open Menu All American Band	
12 Bingo 1-4 PM Open Menu	13 Sliders Open Menu	14 Pizza Open Menu	15 Wings Open Menu	16 Bingo 7 – 10 PM Open Menu	17 Fried Chicken Liver & Onions Buffett Open Menu	18 Open Menu	
19 Bingo 1-4 PM Open Menu	20 Sliders Open Menu	21 Pizza Open Menu Auxiliary Mtg 7 PM	22 Wings Open Menu	23 Bingo 7 – 10 PM Open Menu	24 Hot Turkey or Hot Roast Beef Platter Open Menu	25 Open Menu	
26 Bingo 1-4 PM Open Menu	27 Sliders Open Menu	28 Pizza Open Menu	29 Wings Open Menu	30 Bingo 7 – 10 PM Open Menu	31 Chicken Cordon Blue Open Menu		

Note: August 11th – The All American Band will be performing in the Lounge



Post 7 Bulletin Board

Post Hours

Open Daily at 11:00 AM – 10 PM
Kitchen Hours Mon – Sat 11:00 AM – 8:00 PM
Kitchen Hours Sun 11:00 AM – 4 PM

Membership Meeting Times

1st Monday SAL 7:30 PM
1st Tuesday Legion 7:30 PM
3rd Wednesday Auxiliary 7:00 PM

These are YOUR membership meetings! Please plan to attend and participate in the governing of your respective Legion organization.

Bingo

Thursday Night 7 – 10 PM
Sunday 1- 4 PM
OPEN TO THE PUBLIC

Hall Rentals

For Celebrations of Life Gatherings

Post 7 is an ideal place for family, friends and guests of the Post to meet for a celebration of a life gathering. The Post can provide services for weddings, retirements, birthday parties and all other events with specific attention to your personal needs.

For details contact (410-224-5754)

Moving

Please notify the Post if you move or change email providers. It is very important to us that we keep track of our membership. Please feel free to send an email to the address listed in the masthead of this newsletter or mail your changes to American Legion Post 7, 1905 Crownsville Road, Annapolis, MD 21401.

Help Wanted

Our Bingo team is looking for someone to help and assist with Bingo on Thursday and Sunday. The personnel you'll be working with are the best around, plus you will get the chance to meet some new folks and enjoy yourself in the process!!

Please contact Wil Wagner for questions. Call (410) 320-7762).

Newsletter Editor – The Post has the need for someone to handle the associated duties of coordinating, assembling, editing, emailing and surface mailing of the Veterans Voice.

- Special skills none. Except the successful candidate should have the skill set of a T-Rex and a disposition to match (just kidding!!).

So to all you budding Tom Wolfe's or Nora Roberts out there, this is a golden opportunity to ply and advance your career. Seriously, this is an important effort to get our message out to our membership!



Email users.



[June is PTSD Awareness Month](#)

[Dealing with Trauma](#) - National Institutes of Health

[Breaking Down Anxiety One Fear at a Time](#) - Health.Mil article

[2018 Warrior Games Happening Now in Colorado](#) - Health.Mil article

[VA Coaching Into Care](#)

[Adapted Home Grants to Disabled Veterans](#)

[VA Foster Care](#) - Washington Post article

[Veterans Seeking Emergency Treatment - Who Pays?](#)

[Armed Forces Medical Examiner DNA Lab Helps Identify the Fallen](#)

[Study Reveals Gaps in Follow-Up Care After Concussion](#), National Institutes of Health

[VA - Three Signs of Good PTSD Care](#)

"For the support of this declaration, with a firm reliance on the protection of the Divine Providence, we mutually pledge to each other, our lives, our fortunes, and our sacred honor."



Destiny of **The Signers**

of

The Declaration of Independence

Our Founding Fathers valued freedom, for themselves and their posterity, to the extent that they found this fate worth the risk. The story below tells what happened to the men who signed the Declaration of Independence.

* * *

What Happened to the Signers?

This story comes from <http://www.self-gov.org/liberator/>

Five signers were captured by the British and brutally tortured as traitors. **Nine** fought in the War for Independence and **died from wounds or from hardships they suffered. Two lost their sons** in the Continental Army. Another **two had sons captured. At least a dozen** of the fifty-six had **their homes pillaged and burned.**

What kind of men were they? **Twenty-five were lawyers or jurists. Eleven were merchants. Nine were farmers** or large plantation owners. **One was a teacher, one a musician, and one a printer.** These were **men of means and education**, yet they signed the Declaration of Independence, knowing full well that the penalty could be death if they were captured.

In the face of the advancing British Army, the Continental Congress fled from Philadelphia to Baltimore on December 12, 1776. It was an especially anxious time for **John Hancock**, the President, as his wife had just given birth to a baby girl. Due to the complications stemming

from the trip to Baltimore, the child lived only a few months.

William Ellery's signing at the risk of his fortune proved only too realistic. In December 1776, during three days of British occupation of Newport, Rhode Island, Ellery's house was burned, and all his property destroyed.

Richard Stockton, a New Jersey State Supreme Court Justice, had rushed back to his estate near Princeton after signing the Declaration of Independence to find that his wife and children were living like refugees with friends. They had been betrayed by a Tory sympathizer who also revealed Stockton's own whereabouts. British troops pulled him from his bed one night, beat him and threw him in jail where he almost starved to death. When he was finally released, he went home to find his estate had been looted, his possessions burned, and his horses stolen. Judge Stockton had been so badly treated in prison that his health was ruined and he died before the war's end. His surviving family had to live the remainder of their lives off charity.

Carter Braxton was a wealthy planter and trader. One by one his ships were captured by the British navy. He loaned a large sum of money to the American cause; it was never paid back. He was forced to sell his plantations and mortgage his other properties to pay his debts.

Thomas McKean was so hounded by the British that he had to move his family almost constantly. He served in the Continental Congress without pay, and kept his family in hiding.

Vandals or soldiers or both looted the properties of **Clymer, Hall, Harrison, Hopkinson and Livingston. Seventeen lost everything they owned.**

Thomas Heyward, Jr., Edward Rutledge and Arthur Middleton, all of South Carolina, were captured by the British during the Charleston Campaign in 1780. They were kept in dungeons at the St. Augustine Prison until exchanged a year later.

Source: NHCCS.org

Editor's comments: Some of the comments pertaining to methods of torture were omitted.

At the Battle of Yorktown, **Thomas Nelson, Jr.** noted that the British General Cornwallis had taken over the family home for his headquarters. Nelson urged General George Washington to open fire on his own home. This was done, and the home was destroyed. Nelson later died bankrupt.

Francis Lewis also had his home and properties destroyed. The British jailed his wife for two months, and that and other hardships from the war so affected her health that she died only two years later.

"Honest John" Hart, a New Jersey farmer, was driven from his wife's bedside when she was near death. Their thirteen children fled for their lives. Hart's fields and his grist mill were laid waste. For over a year he eluded capture by hiding in nearby forests. He never knew where his bed would be the next night and often slept in caves. When he finally returned home, he found that his wife had died, his children disappeared, and his farm and stock were completely destroyed. Hart himself died in 1779 without ever seeing any of his family again.

Such were the stories and sacrifices typical of those who risked everything to sign the Declaration of Independence. These men were not wild-eyed, rabble-rousing ruffians. They were soft-spoken men of means and education. They had security, but they valued liberty more. Standing tall, straight, and unwavering, they pledged:

"For the support of this declaration, with a firm
reliance on the
protection of the Divine Providence, we mutually
pledge to each
other, our lives, our fortunes, and our sacred
honor."